

**I am dedicated to
help NSAA students
reach their own
success.**



**Students, I am here to
help you with:**

- Managing your feelings (stress, worry, anger, etc.)
- Improve Social Skills
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Dealing with peer pressure and bullying

Students need to talk Privately?

**Fill out Student Counselor Request
Form at Counselor's office.**

**Parents, I am
available to assist
and provide:**

- Exploring ways to help your child succeed, Social and academic skills
- Improving parent-child communications
- Referrals for community sources
- Understanding the developmental changes of childhood
- Information to help understand your child's special needs

**Parents feel the need of
Counseling service for your
child?**

Call or Email Counselor

**How to Reach
Counselor**

- Collaborate with Teacher
- Call or Email Counselor
- Counselor will step up appointment to meet with you.

**Ruby Gonzalez
Counselor**

**rgonzalez@lcer.org
909-386-2300 ext709**